

# MEDICAL READINESS – LEADER’S CRIB SHEET

V3.9 7MAR2019

*Readiness is #1, and there is no other #1. - 39<sup>th</sup> CSA*

MRC	Description/ Most Serious IMR Deficiencies	USR
<b>MRC1</b>	Includes Temporary Profiles ≤ 7 days in length.	<b>Deployable</b>
<b>MRC2</b>	Soldier is deficient in one of the following: <ul style="list-style-type: none"> <li>Hearing Readiness Class 4 (current within 13 months)</li> <li>Vision Readiness Class 4 (current within 15 months)</li> <li>DNA (Drawn/on file with DoD Repository)</li> <li>HIV (Drawn/validated with DoD Repository)</li> <li>Immunizations current/ valid exception, HepA, HepB, TDA, MMR, Polio, Varicella, (Influenza)</li> <li>Individual Medical Equipment (1MI, 1pr eye glasses, MCEP-I, MWT, Hearing Aid w/Batteries)</li> <li>Temporary Profiles <b>8 to 30 days</b> (Commander determines if NON-deployable)*</li> </ul>	<b>Deployable*</b>
<b>MRC3</b>	Deficient in one of the following: <ul style="list-style-type: none"> <li><b>DL1: Temp Profile &gt; 30 days</b> (requires Commander’s assessment)*</li> <li><b>DL2: Dental Readiness Class 3</b> (logic not hinged on profile)* <b>Deployable</b></li> <li>DL3: Pregnancy</li> <li>DL4: Perm profile indicating a MAR2</li> <li>DL5: Perm profile indicating a MEB</li> <li>DL6: Perm profile indicating a Non-Duty related PEB</li> <li>DL7: Perm profile – includes P3 with deployment /assignment restriction code (F,V, X) and P2 with (F, V) code</li> </ul> <p style="text-align: right; color: red;"><b>Changes Effective 1 Oct 2018</b></p>	<b>DL1/2 Deployable*</b>  <b>DL3-7 Non-Deployable</b>
<b>MRC4</b>	Soldiers Medical Readiness status is unknown or Soldier is deficient in one of the following: Periodic Health Assessment (current within 15 months) Dental Readiness Class 4 (current within 15 months)	<b>Deployable IMR Deficit</b>

MR Improvement Priority	1. DRC3 2. MRC4 paid < 90 days (CSMM) 3. PHA/ dental exams due (12-15 mo since last exam) 4. PHA/ dental exams coming due (9-12 mo since last exam) 5. Ensure SMs have access to LHI.Care 6. When printing UMR twice/ month, review gains & assess IMR services due	MRC3 Priority														
		<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">1</td><td style="width: 10%;">2</td><td style="width: 10%;">3</td><td style="width: 10%;">4</td><td style="width: 10%;">5</td><td style="width: 10%;">6</td><td style="width: 10%;">7</td> </tr> <tr> <td>DL2</td><td>DL1</td><td>DL4</td><td>DL6</td><td>DL5</td><td>DL3</td><td>DL7</td> </tr> </table>	1	2	3	4	5	6	7	DL2	DL1	DL4	DL6	DL5	DL3	DL7
1	2	3	4	5	6	7										
DL2	DL1	DL4	DL6	DL5	DL3	DL7										

**Commander’s Strength Management Module (CSMM)**  
<https://rcms.usar.army.mil/v3>

	→ Medical Readiness Command Assessment (Unit/ CMD MR)
	→ USAR MNR Profile Breakdown (Profiles/ MRC3)
	→  SELRES Medical Summary
	→  Medical → Multiple Medical Readiness an Projection Reports

**MEDPROS Exclusion Logic**

**MVNA/ RLAS DEPL Codes:**

AN, DP, EC, ET, LD, LR, RT, SM, TN, UP

PULHES Level	Description
<b>1</b>	No limitations
<b>2</b>	Some limits on activity
<b>*3</b>	Significant limitations
<b>*4</b>	Military duty severely limited

\*MEB / PEB REQUIRED

**Profiles**

Per Army Directive (AD) 2018-11 (10 SEP 18), Soldiers on Temporary profile >30 days will be considered non-deployable. AD 2018-22 (8 NOV 2018) directs Commanders at all levels to review individual Soldier medical profile(s) on a monthly basis. Written counseling and performance evaluations will be used to document a Soldier’s knowing failure to comply with responsibilities to maintain individual readiness required to be deployable. CDR Portal profile review:  
<https://medpros.mods.army.mil/portal/#/>

**TEMP Profile CDR Review Timeline**

<b>Company CDR</b>	14 days AC
	30 days for NG/AR
<b>Senior CDR</b>	>120 days BN/SQD CDR
	>180 days BDE CDR
	>240 days Commanding General

**Reserve Health Readiness Program (RHRP)**

<b>Group Events</b>	Cancellation Fee: occurs from changes that result in decreases to requested services within 14 calendar days through calendar day 6  No Show Fee: occurs from changes that result in decreases to requested services within 5 calendar days or less prior to the event date. Failure to meet group minimums will also result in No Show Fees
<b>In Clinic</b>	Cancellation/ No Show Fee: occurs from change or cancellation NLT 24 hours/ 1 business day prior to appointment

**IMR SELF-SERVICE TOOLS**

SERVICE	FORM
Dental Exam/ Treatment	DD 2813
Vision Screen/ Eyewear Exam	DA 7655/ DD 771
Influenza/ Immunizations	IMM Record
<b>SM submit via:</b> <a href="https://lhi.care/start" style="color: blue;">https://lhi.care/start</a>	<b>LHI Contact:</b> 888-MY-PHA-99

**Army Reserve Medical Management Center (AR-MMC)**  
<https://www.milsuite.mil/book/groups/ar-mmc>

**MISSION:** Provide end to end case management for Medically Not Ready (MNR) Soldiers. Centralized management and tracking of profiles. Centralized packet building for medical evaluation board, and physical evaluation board (MEB/PEB) ISO the Integrated Disability Evaluation System (IDES).

Send Profile Request Packets to: [usarmy.usarc.usarc-hq.mbx.armmc@mail.mil](mailto:usarmy.usarc.usarc-hq.mbx.armmc@mail.mil)


**Command Directed BH Evaluation (CDBHE)**

<https://www.usar.army.mil/Portals/98/Documents/Behavioral%20Health/Process%20for%20CDBHE.docx?ver=2018-11-19-135324-717>  
 If a soldier is at battle assembly and experiences symptoms of a behavioral health issue, the In Line of Duty (LOD) request can be submitted and it will be adjudicated at USARC to determine the cause of the issue.  
<https://www.usar.army.mil/MedicalManagementCenter/>

Code	Permanent Profile Codes* Description /Assignment Limitation
<b>F</b>	No deployment to OCONUS areas where definitive medical care for the SM’s condition is not available (DL7). Requires MODS approval authority second signature for P2 and P3.
<b>V</b>	Deployment. This code identifies a Soldier with restrictions on deployment to certain areas (DL7). Requires MODS approval authority second signature for P2 and P3.
<b>S</b>	SM meets medical retention by a MEB.
<b>W</b>	SM with a P 3 or 4 profile; evaluated by a MAR2 or MMRB with a recommendation to retain or reclassify and RTD.
<b>Y</b>	SM has been determined to be fit for duty.
<b>T</b>	Waiver granted for a disqualifying medical condition/standard for initial enlistment or appointment.
<b>X</b>	COAD/COAR. SM allowed to continue military service with a disease, injury, or medical defect that is below medical retention standards, pursuant to a waiver of retention standards or waiver of unfit finding and continued on active duty or in active Reserve status under AR 635-40. Assigned by HRC.

\* Profile Codes do not correspond to a specific numerical designator of the profile but are based on general physical/ assignment limitations. **RED** font denotes **DL7** calculation.

**MR Systems Training and Request for Access**

System	Training	Access	Help
<b>Medical Readiness Portal</b>	Commander Portal <a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US062">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US062</a>	<a href="https://mods.army.mil">https://mods.army.mil</a>	<a href="mailto:MODS-help@asmr.com">MODS-help@asmr.com</a>
	Health Care Portal <a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US298">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US298</a>		
	Administrative Portal <a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US299">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US299</a>	Follow up with unit level approval authority.	
<b>MEDPROS</b>		<a href="https://medpros.mods.army.mil/MEDPROSNew/">https://medpros.mods.army.mil/MEDPROSNew/</a>	
<b>DoD PHA</b>	<a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US066">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US066</a>		<a href="mailto:MODS-help@asmr.com">MODS-help@asmr.com</a>
<b>DoD MHA (providers only)</b>	<a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US332">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US332</a>		
<b>HIPAA</b>	<a href="https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US001">https://jkodirect.iten.mil/html/COI.xhtml?course_prefix=DHA&amp;course_number=-US001</a>		
<b>MODS Control Panel</b>		Request access to MODS and MEDPROS Systems <a href="https://authentication.mods.army.mil/MCP">https://authentication.mods.army.mil/MCP</a>	
<b>MEDCHART</b> AVS – Automated Voucher System eMPPS – Line of Duty System HRR – Health Readiness Record MRR – Medical Readiness Reporting	HIPAA (see above) On-site Training Requests: <a href="mailto:simeon.williams@asmr.com">simeon.williams@asmr.com</a> <a href="mailto:tasha.harris@asmr.com">tasha.harris@asmr.com</a> Training Questions: <a href="mailto:RCTraining@asmr.com">RCTraining@asmr.com</a>	<a href="https://medcharttraining.asmr.com/help/UserDocumentation/MEDCHART/Registration/Content/Topics/MEDCHARTRegistration.htm">https://medcharttraining.asmr.com/help/UserDocumentation/MEDCHART/Registration/Content/Topics/MEDCHARTRegistration.htm</a>	AVS: <a href="mailto:AVS@asmr.com">AVS@asmr.com</a> eMPPS: <a href="mailto:LOD@ASMR.COM">LOD@ASMR.COM</a> HRR: <a href="mailto:HRR@asmr.com">HRR@asmr.com</a> MRR: <a href="mailto:MRR@asmr.com">MRR@asmr.com</a>

Psychological Health Program <a href="https://www.usar.army.mil/BehavioralHealth/">https://www.usar.army.mil/BehavioralHealth/</a>		
<b>Team Lead</b>	<a href="mailto:stacey.a.feig.ctr@mail.mil">stacey.a.feig.ctr@mail.mil</a>	703-806-6905; BB: 703-254-8246
<b>99<sup>th</sup> DIV(R) DPH</b>	<a href="mailto:patricia.a.moloney.ctr@mail.mil">patricia.a.moloney.ctr@mail.mil</a>	609-562-7580; BB: 571-623-6459
<b>88<sup>th</sup> DIV(R) DPH</b>	<a href="mailto:deborah.j.jolson10.ctr@mail.mil">deborah.j.jolson10.ctr@mail.mil</a>	608-388-0338; BB: 571-969-0671
<b>81<sup>st</sup> DIV(R) DPH</b>	Donna Brunetti	803-751-9547; BB: 571-623-6470
<b>63<sup>rd</sup> DIV(R) DPH</b>	<a href="mailto:margaret.v.haycraft.ctr@mail.mil">margaret.v.haycraft.ctr@mail.mil</a>	650-526-9211; BB: 571-319-1577
<b>USAR Director of Psychological Health:</b> COL Mary Colberg <a href="mailto:mary.a.colberg.mil@mail">mary.a.colberg.mil@mail</a> 910-570-8108 <b>Deputy Director:</b> CPT Josh Tiegreen <a href="mailto:joshua.a.tiegreen.mil@mail.mil">joshua.a.tiegreen.mil@mail.mil</a> 910-570-9964		

Deployment Health Assessment Program (DHAP) <a href="https://www.usar.army.mil/DHAP">https://www.usar.army.mil/DHAP</a>	
DHAP provides early identification of emerging deployment related health conditions and serves as a gateway to care and treatment. There are three deployment health assessments (DHAs) taken during a deployment cycle: 1) the Pre-Deployment Health Assessment (Pre-DHA taken 120 days before deployment); 2) the Post-Deployment Health Assessment (PDHA) taken 30 days before or after redeployment; 3) and the Post-Deployment Health Reassessment (PDHRA) taken 90 - 180 days after redeployment.	
For all questions regarding the Army Reserve PDHRA, email <a href="mailto:usarmy.usarc.usarc-hq.list.dhap@mail.mil">usarmy.usarc.usarc-hq.list.dhap@mail.mil</a>	

Useful Links	
<b>USARC Surgeon milSuite milBook</b> <a href="https://www.milsuite.mil/book/groups/usarc-surgeon-group">https://www.milsuite.mil/book/groups/usarc-surgeon-group</a>	<b>RHRP Historical Updates</b> <a href="https://www.logisticshealth.com/historicalupdates">https://www.logisticshealth.com/historicalupdates</a>
<b>Army Suicide Prevention Program</b> <a href="http://www.armyg1.army.mil/hr/suicide/">http://www.armyg1.army.mil/hr/suicide/</a>	

Commander Portal Access Manager (CPAM)	
The CPAM will validate user requests and grant access once they have met their training requirements for CDR Portal Access. CPAMs will perform quality assurance checks to ensure that the right users have access to the system and that individuals that no longer need access are deactivated. To request the CPAM role, provide Duty Appointment / Additional Duty Memo signed by your CoS or designee with the following information for each individual requesting the role: <b>Full Name, DODID, Enterprise Email, Highest UIC needed.</b> Forward the memo to the USARC Surgeon: <a href="mailto:usarmy.usarc.usarc-hq.mbx.usarc-surgeon@mail.mil">usarmy.usarc.usarc-hq.mbx.usarc-surgeon@mail.mil</a>	

MEDPROS (Assigned vs Adjusted) (Deficiencies vs All)	
<b>Assigned vs Adjusted</b>	Defaults to assigned strength. Adjusted strength: modify filters (center of page) <input type="button" value="MODIFY FILTERS"/> → select "exclude" IMR Exclusion: <input type="radio"/> Include <input checked="" type="radio"/> Exclude
<b>Deficiencies vs All</b>	Defaults to deficiencies (only those SMs who are MRC2, MRC3, MRC4). All assigned: modify filters → <b>Deficiencies:</b> <input type="button" value="All Assigned"/>

MEDPROS REPORTS <a href="https://medpros.mods.army.mil/MEDPROSNew/">https://medpros.mods.army.mil/MEDPROSNew/</a>				
	Report	Description	Steps	Modify Filters
<b>COMMAND DRILL DOWN</b>	<b>MRC by UMR</b>	A total rollup of all subordinate unit MR within C2.	Executive Reports > Medical Readiness > MRC UMR Command Drill Down	UIC: 6 Digit AA
	<b>Dental</b>	A total rollup of all subordinate unit Dental within C2.	Executive Reports > Medical Readiness > Dental Command Drill Down	UIC: 6 Digit AA
	<b>DHAP (formerly PDHRA)</b>	A total rollup of all subordinate unit DHA within C2.	MHA > DHA Command Drill Down	UIC: 6 Digit AA or <b>4 Digit and %</b> or Task Force
<b>UNIT (BY NAME ROSTERS)</b>	<b>Unit Medical Readiness</b>	Provides an overview of unit's readiness	Medical Readiness > Aggregate and Special Rpts > Unit Medical Readiness > Unit Medical Readiness	MR Profile: Reserve Component Readiness/Deployment
	<b>PHA Report</b>	A drill down by name of PHA status	MHA > PHA Report	UIC: <b>4 Digit and %</b> or Task Force Report Type: Periodic Health Assessment <b>12 Month</b>
	<b>Dental Report</b>	By-name dental status, sort by DRC	Medical Readiness > Single Medical Readiness Rpts > Dental Report	UIC: <b>4 Digit and %</b> or Task Force Dental Readiness Class: all, or All Non-deployable (3&4)
	<b>Vision Report</b>	By-name vision status	Medical Readiness > Single Medical Readiness Rpts > Vision Report	UIC: <b>4 Digit and %</b> or Task Force
	<b>Hearing Report</b>	By-name hearing status	Medical Readiness > Single Medical Readiness Rpts > Hearing Report	UIC: <b>4 Digit and %</b> or Task Force
<b>SOLDIER</b>	<b>Individual Medical Readiness (IMR)</b>	IMR for a Single Soldier, also available to the SM through AKO	Medical Readiness > Individual Medical Readiness	SSN: IMM Profile: Routine Adult or MACOM/Country
	<b>Immunization Profile Report</b>	Immunization report or a Soldier related to a specific "immunization profile" for a MACOM/Country	Immunizations > Individual Immunization Reports > IMM Profile	SSN: Profile: Select the AOR that the SM will enter

Regulations	Subjects	Regulations	Subjects
AR 40-501	Medical Readiness, Profiles	DA PAM 40-501	Hearing Conservation, Protection, Readiness
AR 40-562	Immunizations	DA PAM 40-506	Vision Conservation, Protection, Safety
AR 40-66	HIPAA, Service Treatment Records (STR)	DTM 14-006	SHPE
AR 40-68/ OPORD 18-87	Licensure, Credentialing for Health Care Professionals	DoDI 6025.19	MR, DR, IMM, IME, PHA, Definitions
AR 40-35	Dental Readiness (DRC Codes), DD2813	DoDI 1215.13	Participation Policy
		HQDA EXORD 162-15	SHPE Implementation
AR 600-60	Physical Performance Evaluation System	HQDA EXORD 080-12	Army Disability Evaluation System (DES) Standardization
AR 220-1	USR	Army Directive 2012-18	MAR2
AR 614-30	Overseas Service	AR 600-20 (5-4a.)	Fit for Duty Examination
AR 635-40	Physical Evaluation for Retention, Separation	AR 140-1	para 3-9e(3) credit for BA attendance
AR 600-8-2	Flagging (para 2-2p: physical examinations)	AR 135-91	para 3-1a performed duties in a satisfactory manner
10 U.S.C. 10206	must have a comprehensive medical readiness health and dental assessment <b>annual</b> basis	10 U.S.C. 10205	must notify unit commander of <b>any change</b> in physical condition that would prevent them from meeting the physical or mental standards
DHAP	HQDA EXORD 270-17 (13 OCT 17), DoDI 6490.03 (update/ revision pending)		
Army Directive 2016-07	CDRS may prohibit RC Soldiers from participating in IDT and AT if they do not meet the requirements of DoDI 6025.19.		
USD(P&R) (FEB18)	DoD Retention Policy for Non-Deployable Service Members: references separation action if non-deployable for 12 consecutive months (DL3 excluded).		
MRC4 CAR Update (MAR18)	MRC4 CAR Policy (JUL17) OPORD 17-120 Med Red to Green 2.0 (SEP17)	OPORD 18-24 (NOV17) HQDA EXORD 054-17 (DEC16)	MRC4 Reset OPORD 17-037