

Command Directed Behavioral Health Evaluations (CDBHE)

Procedures for Command Directed Mental Health Evaluations IAW by DOD Instruction 6490.04

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|---------------------------------------|-------------------------------------|------------------------------------|---------|
| Rank: | Service Member Name: | DoD ID #: | DoB: |
| Time In Service: Years Months | Time In Grade: Years Months | Time In Unit: Years Months | Unit: |
| Commander / Supervisor: | | Phone: | E-Mail: |
| 1SG: | | Phone: | E-Mail: |

Check The Type Of CDBHE You Are Requesting

Routine CDBHE (Suitability for duty and/or service, but NO imminent risk for harm to self and/or others). Consult with a Behavioral Healthcare Provider regarding proper CDBHE procedures, and obtained appointment date and time.

1. Call your assigned Behavioral Health Clinic or call 968-2700 for routing to your unit's clinic.

Emergency CDBHE Procedural Requirements

1. A Commander or Supervisor will refer a Service Member (SM) for an emergency CDBHE as soon as is practicable whenever:
 - a. A Service Member, by actions or words, such as actual, attempted, or threatened violence, intends or is likely to cause serious injury to him or herself or others.
 - b. When the facts and circumstances indicate that the Service Member's intent to cause such injury is likely.
 - c. When the commanding officer believes that the Service Member may be suffering from a severe behavioral disorder (e.g., not performing basic self-care (bathing, eating, etc.), appears to hear or see things not present, etc.).
2. A senior enlisted Service Member may be designated by the Commander or Supervisor for ordering an emergency CDBHE for enlisted Service Members. In cases involving a commissioned officer, a commissioned officer of rank senior to the officer to be referred may be designated. During duty hours, if possible, consult with a Behavioral Health Provider at your assigned Behavioral Health Clinic before executing the referral and escorting the Service Member to the Clinic. After duty hours (1545 - 0730), weekends and holidays escort Service Member to the Emergency Department. In some emergencies where the Commander or Supervisor is not able to consult prior to executing the referral, the Commander or Supervisor should contact the clinic while the SM is being escorted to the clinic.

Reason For Referral: Explanation of general observations of Soldier. How does the Soldier interact and react in general, to include valid collateral information from friends, family, and/or co-workers? What is the nature of the current situation and problem? Impact on military duty and rehabilitation attempts. Reference supporting documents as appropriate.

Military Performance: How does the Soldier perform assigned duties and responsibilities, and get along with other and with supervisors? Annotate both positive and negative observations.

Disciplinary Action: Previous Article 15: Yes No Pending Article 15: Yes No
List past and pending dates of legal actions, charges, articles, etc.:

Rehabilitation Attempts: (List counseling in unit, transfers, job changes, etc.)

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| Rank / Grade | Commander / Supervisor Name | Signature | Date |
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Background: DoDI 6490.04 establishes the minimum procedures Commanders must follow and the rights of Service members referred for Command Directed Mental Health Evaluations. This form and the current policy at JBLM are supplemental to the DoDI 6490.04.

Purpose: The DoDI is designed to protect Service Members from a referral to the behavioral health system as a means of "whistleblower actions/ reprisal." Only a Commander or a Supervisor (commissioned officer or civilian employee equivalent, in a grade level comparable to a commissioned officer, who exercises supervisory authority over the Service member's duty assignment) can refer a Service Member for a Command Directed Evaluation. It is the Commander's and supervisor's responsibility to educate the Service Member that there is no stigma associated with obtaining behavioral health services.

CDBHE may be for the following reasons: fitness/suitability for duty, occupational requirements, safety issues, significant changes in performance, or behavior changes that may be attributable to possible behavioral health issues.

Scope: Applies to Command Directed Mental/Behavioral Health Evaluations, not referrals for routine evaluations required for administrative separations or to attend schools.

CDMHE Procedural Requirements (complete when possible in context of an emergency evaluation)

1. Consult with a Behavioral Healthcare Provider by telephone before executing the referral.
2. Inform the Service member of the intent of this evaluation and provide him/her a copy of this form if desired to include:
 - a. Name of Behavioral Healthcare Provider consulted: _____
 - b. Date and Time of Evaluation: _____
 - c. Location of Evaluation: _____
 - d. Name of the Behavioral Healthcare Provider, who will complete evaluation: _____
 - e. Contact information for the clinic/provider: _____
 - f. Telephone number for JAG Attorneys, IG, and Chaplains whom the Service Member can access, if so requested. _____
3. Have the Service Member sign this written notice or annotate that the Service Member refuses to sign and his/her stated reason.
4. **Soldier:** Arrive 15 minutes early to the appointment.
5. **Escort:** An NCO equal to or one grade higher to that of the Soldier. In the case of an Officer, the Commander must make the determination of the escort

I have read this form, which states the reasons for this referral. I understand that I may consult with individuals of support/guidance (e.g., Chaplains, JAG etc.) and that this referral is not punitive and is not associated with stigma. I understand that I can obtain a copy of this form if desired.

Service Member's Printed Name: _____

Signature: _____

Date & Time: _____

OR (SM writes reason below for not signing)

Service member declined to sign this form (give reason and/or quote Service member):