



SNAPSHOT

VOL. 37: Nov. 2025



Email Us: usarmy.usarc.usarc-hq.list.family-programs@army.mil
 Suicide and Crisis Lifeline: 988
 Military OneSource: 1-800-342-9647
 Safe Helpline, Sexual Assault Support: 1-877-995-5247



Military Family Month

NOVEMBER
MILITARY FAMILY MONTH

Every November, the nation comes together to celebrate Military Family Appreciation Month, a time dedicated to honoring the unwavering strength, resilience, and sacrifice of the families who stand behind America's service members. While the courage of soldiers, the quiet endurance of their spouses, children, parents, and loved ones is equally worthy of our gratitude.

Military life is not only a commitment made by the service member—it's a commitment made by the entire family. Spouses navigate long separations, unpredictable moves, and the daily responsibilities of home life, often without the immediate presence of their partner. Children adapt to new schools, say frequent goodbyes to friends, and cope with the emotional weight of having a parent deployed.



<https://www.armymwr.com/mfm>

November 2025 Observances

DAYLIGHT SAVINGS

FALL BACK

National Military Family Appreciation Month, National Family Caregivers Month, National Adaption Month.

- 11/2 - Daylight Saving Time Ends
- 11/10 - Marine Corps Birthday
- 11/11 - Veterans Day
- 11/20 - World Children's Day
- 11/28 - Thanksgiving

Yellow Ribbon Reintegration Program



EVENTS

Register here:
<https://www.yellowribbon.mil/>



Happy Thanksgiving Nov 27th, 2025

Happy Thanksgiving

Thanksgiving today may have little connection with the Plymouth harvest festival 400 years ago, but it has a long history nevertheless. Originally a regional observance in colonial New England, Thanksgiving began as a solemn affair. Rather than a day of feasting, it was a day for fasting and quiet reflection.

Eventually the states and the federal government proclaimed days of thanksgiving at irregular intervals, but it wasn't until the mid-19th century, after decades of lobbying by magazine editor Sarah Josepha Hale, that a national Thanksgiving holiday began to be established. As the holiday took root in the United States, so did the need for a distinctly American origin story, and the harvest festival two centuries earlier was remade as the "First Thanksgiving." While Thanksgiving continues to evolve as each generation of Americans brings new meaning to the day and how it's celebrated, the tradition of coming together to share a meal and reflect on all that we're grateful for endures.



<https://visit.archives.gov/whats-on/explore-exhibits/thanksgiving-historical-perspectives>