

Command Directed Behavioral Health Evaluation (CDBHE) Process



Commander maintains non-stigmatizing Unit BH education program

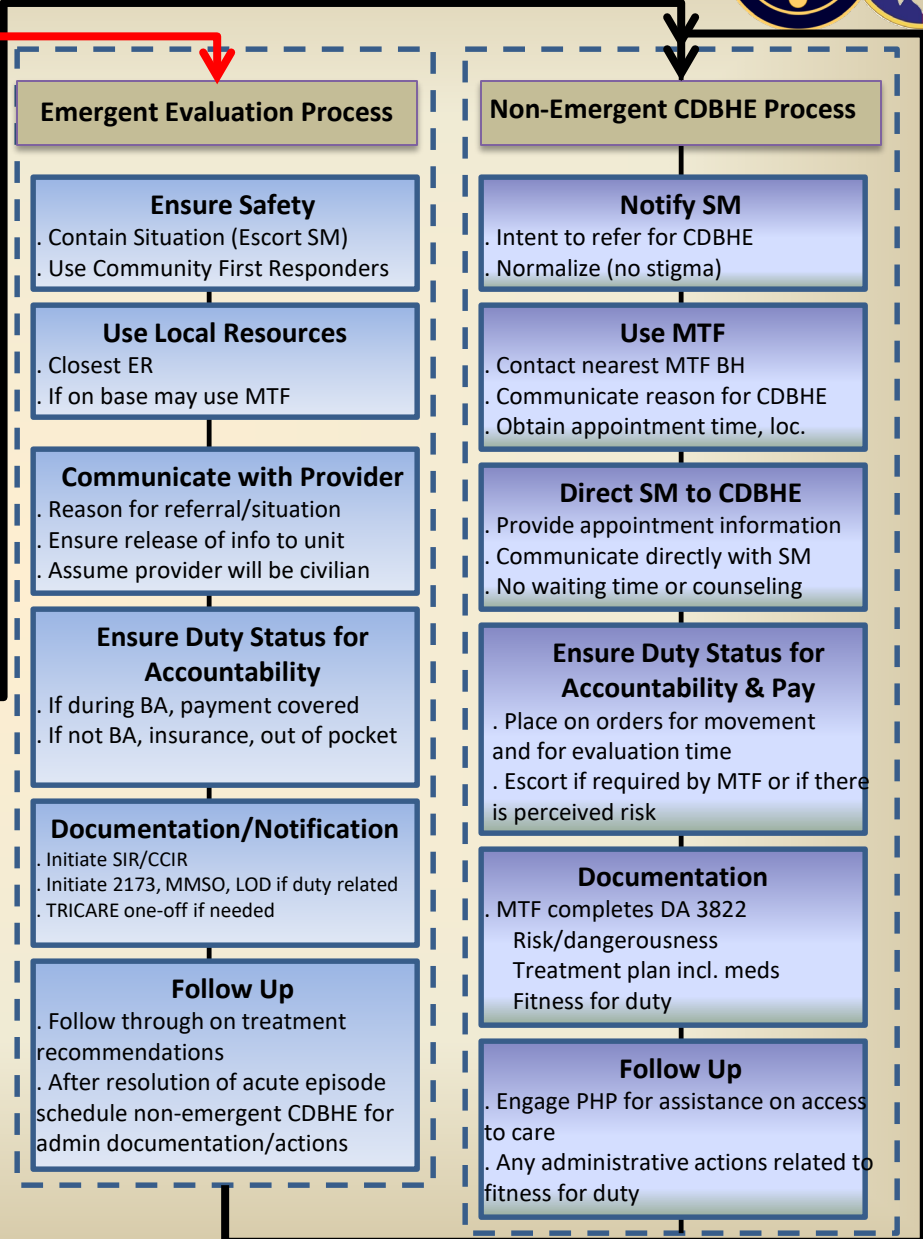
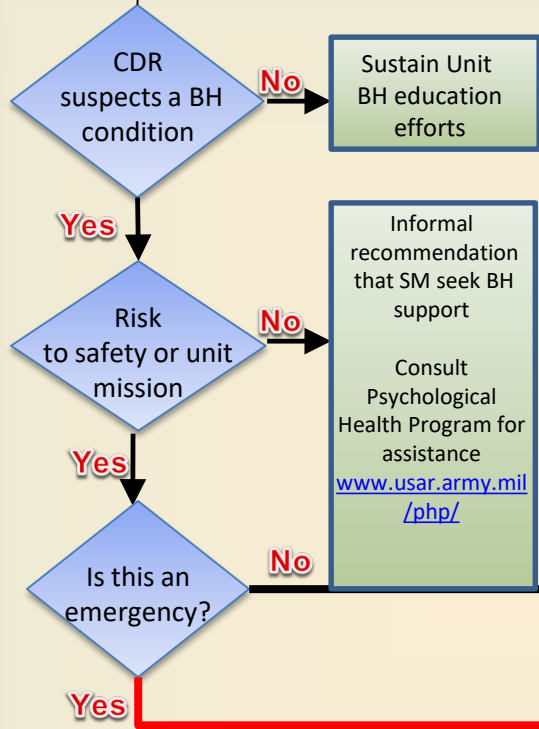
Signs of BH Condition
 Change in behavior
 Unusual behavior
 Intense sadness
 Report of BH concerns

Indicators of Risk
 Threatening statements
 Statements re: self-harm
 Concentration problems
 Distracting behavior

Indicators of Emergency
 Threatening behavior
 Threatens self-harm
 Disoriented/disorganized
 CDR concerned about risk to Soldier

Conditions NOT considered a CDBHE:

- . Voluntary self-referral
- . Deployment Health or Periodic Health Assessment
- . Family Advocacy Program or ASAP Assessment
- . Clinical referrals by health care providers
- . Law enforcement/corrections evaluations
- . Competency inquiry
- . Evaluations required by regulation not subject to CDR's discretion



DoDI 6490.04, "Mental Health Evaluations of Members of the Military Services," 4MAR13
 MEDCOM 17-031 CDBHE, 31MAY07
 MEDCOM 19-010, DoA Form 3822, Mental Status Exam