

Command Directed Behavioral Health Evaluation (CDBHE) Process

Commander maintains non-stigmatizing Unit BH education program

Signs of BH Condition

Change in behavior Unusual behavior Intense sadness Report of BH concerns

Indicators of Risk

Threatening statements Statements re: self-harm Concentration problems Distracting behavior

Indicators of Emergency

Threatening behavior
Threatens self-harm
Disoriented/disorganized
CDR concerned about risk to
Soldier

CDR suspects a BH condition Sustain Unit BH education efforts

No

Informal recommendation that SM seek BH support

Health Program for assistance www.usar.army.mil/php/

Consult

Psychological

emergency?

Is this an

Risk

to safety or unit

mission

Yes

Yes

Yes

Conditions NOT considered a CDBHE:

- . Voluntary self-referral
- . Deployment Health or Periodic Health Assessment
- . Family Advocacy Program or ASAP Assessment
- . Clinical referrals by health care providers
- . Law enforcement/corrections evaluations
- . Competency inquiry
- . Evaluations required by regulation not subject to CDR's discretion

DoDI 6490.04, "Mental Health Evaluations of Members of the Military Services," 4MAR13 MEDCOM 17-031 CDBHE, 31MAY07 MEDCOM 19-010, DoA Form 3822, Mental Status Exam

Emergent Evaluation Process

Ensure Safety

Contain Situation (Escort SM)
Use Community First Responders

Use Local Resources

. Closest ER . If on base may use MTF

Communicate with Provider

Reason for referral/situation Ensure release of info to unit Assume provider will be civilian

Ensure Duty Status for Accountability

. If during BA, payment covered . If not BA, insurance, out of pocket

Documentation/Notification

. Initiate SIR/CCIR . Initiate 2173, MMSO, LOD if duty related . TRICARE one-off if needed

Follow Up

- Follow through on treatment recommendations
- . After resolution of acute episode schedule non-emergent CDBHE for admin documentation/actions

Non-Emergent CDBHE Process

Notify SM

Intent to refer for CDBHE Normalize (no stigma)

Use MTF

Contact nearest MTF BH
Communicate reason for CDBHE
Obtain appointment time, loc.

Direct SM to CDBHE

Provide appointment information Communicate directly with SM No waiting time or counseling

Ensure Duty Status for Accountability & Pay

- . Place on orders for movement and for evaluation time
- . Escort if required by MTF or if there is perceived risk

Documentation

MTF completes DA 3822
Risk/dangerousness
Treatment plan incl. meds
Fitness for duty

Follow Up

. Engage PHP for assistance on access to care

. Any administrative actions related to fitness for duty