



4R Family Member Suicide Prevention Training



This course was developed specifically for military Family Members knowing that they are the front line of defense to combat suicide. The online platform allows you take the training when it is most convenient for you.

Learn the skills to conduct a suicide intervention for those who may be at risk. This training covers the 4 R's: Red Flags, Response Actions, Resources, and Reinforcements and teaches a step-by-step plan to intervene.

Family Members can take the course online free of charge.

Complete the course and request a pocket card for future reference.



USAR Soldiers may take the course online during BA free of charge. The leaders will follow up with a face-to-face role play and discussion using MS Teams or other platforms.

Students must register online at: <https://suicide-prevention-training.teachable.com/p/4r-suicide-prevention-for-military-family-members>. Coupon code is: CAPOC

This is a civilian course offered by a non-profit agency. It is designed by military suicide prevention program experts. Questions? Contact Mrs. Kimberly Franco, Kimberly.a.franco.civ@mail.mil