



DEPARTMENT OF THE ARMY
UNITED STATES ARMY NONCOMMISSIONED OFFICER ACADEMY FORT DIX
BUILDING 5518 SEVER AVENUE
JOINT BASE McGUIRE-DIX-LAKEHURST, NJ 08640-7226

AFRC-RTC-ND

1 March 2016

MEMORANDUM FOR NCO Academy Fort Dix

SUBJECT: Policy Letter 14 Health Promotion and Suicide Prevention

1. References.

a. AR 600-63, Army Health Promotion, 14 April 2015.

b. DA Pamphlet 600-24, Health Promotion, Risk Reduction, and Suicide Prevention, 14 April 2015.

2. Purpose. To provide guidelines, procedures, and responsibilities concerning health promotion and suicide prevention.

3. Personnel readiness of our Army is paramount in our ability to fight and win on the battlefield. Promoting healthy lifestyles, reducing risk-seeking behavior, and preventing suicide are priorities of the Command. All Soldiers are responsible for creating an environment that reduces the stigma of seeking help for behavioral health issues. We must be aware of and recognize when someone may be at risk. We must feel empowered to take appropriate actions to save lives. Everyone is responsible for identifying policies, procedures, and actions that could discriminate, punish, or discourage Soldiers from seeking professional counseling.

4. Procedures. There are numerous resources available for those in need of help. Local behavioral health professionals, social work services, military Family life consultants, alcohol and substance abuse counselors, and chaplains stand ready to assist. Military One Source and the 87th Family Advocacy office are excellent resources for those in need of help. Personal knowledge of ACE (Act, Care, Escort) reflects the commitment to caring for Army's most vital resource, our Soldiers.

5. Point of contact is the First Sergeant or undersigned.

KIMBERLY K. KEMPER
CSM, USA
Commandant